Centre for Organization Development
Consulting • Training • Research

presents

Program on
Personal Growth through Self-Exploration



COD campus
Hyderabad

January 29-
February 24, 2024

Program Director
Prof. A. B. Prasad

Focus

Organizations have to constantly innovate and seek new ways of attaining success in ever changing business environment. Their executives are the main propellers of constant change and reinvention. In today's turbulent globalized environment an individual has to prepare himself to face the unforeseen challenges of rapid change. Many times it is 'Self', i.e. what we are as an individual, that becomes a stumbling block in our growth and development. The self extends into our role and influences our functioning in a managerial role. In order to contribute continuously managers need to concentrate on personal growth and learning by self-exploration into their values, beliefs and attitudes. They have to unlearn old dysfunctional attitudes and behavioral styles and acquire new approaches to solving problems. They have to constantly build on their strengths and concentrate on the areas of improvement.

The program is designed to address the issues of personal growth through self-exploration. The participants will get the opportunity to become aware of their strengths and areas of potential development through standardized diagnostic tools and structured exercises.



Adaptability is not just a soft skill, but a hard capability.

- PEARL ZHU

Objectives

The program aims at:

- To get an insight into the beliefs, attitudes, values and self-concept.
- To appreciate the value of emotional intelligence.
- To understand the importance of communication in our interpersonal relations.
- To enhance personal effectiveness by developing personal power and constructive openness

Content

- ❑ Who am I? Beliefs, attitudes, values and self-concept
- ❑ Communication – Transactional analysis
- ❑ Interpersonal relations
- ❑ Emotional intelligence
- ❑ Developing personal power
- ❑ Management of change
- ❑ Constructive openness and interpersonal feedback
- ❑ Developing personal effectiveness

Who can Participate?

This program is suitable for all leaders and mangers who are interested in understanding and managing 'self' to enhance their personal effectiveness and managerial excellence.

Methodology

Psychometric instruments, structured exercises, participative discussions on concepts, analysis, feedback and action planning



Duration

The Program starts at 9.30 AM on 8th January, and concludes on 12th January 2023 at 5.15 PM. The participants are expected to arrive in Hyderabad a day before commencement and may leave after the conclusion of the program or in the morning of the following day.

Venue

The program will be held at the Centre for Organization Development, Madhapur, Hyderabad. It is fully residential and the participants will be accommodated in single air-conditioned rooms at its campus.

Program Fee

The program fee is Rs.40,000/- + GST. The fee includes tuition, board and lodging, courseware and other facilities of the Centre like internet usage, well equipped gym etc. Local participants, not availing hostel accommodation, will be given a discount of Rs. 1,000/- per day for the duration of the program.

Last Date for Nominations

Friday, January 19, 2023

Certificate of Participation

The Centre issues a Certificate of Participation on conclusion of the Program.

COD Alumni Association

Participants of the Program will become members of COD Alumni Association.

PROGRAM DIRECTOR



Prof. A B Prasad

Prof. Prasad is a professional banker having close to four decades of experience. Prior to joining COD, he worked in State Bank of India in various capacities and has a long tenure with SBI Staff College as a Deputy General Manager and Senior Faculty respectively. Subsequently, he was General Manager with Reliance Retail Limited in the department of Talent Transformation. He is an Advisor to the OTI Company in Jakarta, Indonesia.

Prof. Prasad adopts a unique mix of counselling, coaching and mentoring that aims to help participants understand the complex financial ecosystem and create their own roadmap to professional success by identifying and leveraging their strengths.

He holds an Executive MBA in HRM and is a Certified Associate of the Indian Institute of Bankers. He has published more than 15 papers on training and organizational behavior and has contributed 12 articles on financing various agricultural projects.

He has presented papers in various international and national forums.

About COD

Established in 1980, with the sole objective of disseminating knowledge in organization development and change management. The Centre for Organization Development (COD), is a not-for-profit management consulting, training and research organization, set up with the active involvement of public and private sector participation. COD over a period of four decades consulted over 500 Business Organizations.

COD does Consulting, Training and Research across the following four verticals of practice:

Service Offerings:

- Enterprise Growth & Scalability
- Leadership Development
- Change Management & Transformation
- Strategic Human Capital Management

CONTACT

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Centre for Organization Development
Consulting • Training • Research

Nomination Form

Program on
Personal Growth through Self-Exploration
(January 29-February 2, 2024)

Nomination Details

Name of the Organization: _____

Name of the Sponsoring Authority: _____

Address: _____

Mobile: _____ Email: _____

Nominee's Details:

S. No.	Name of the Participant	Age	Designation	Mobile & Email ID

REGISTRATION FEE PER NOMINATION

Rs.40,000/- plus 18% GST for residential participant ☐

Rs.35,000/- plus 18% GST for non-residential participant ☐

Group participation (3 or more) and member organizations of COD will get 10% off on the course fee.

The payment of fee may be made either by electronic transfer or crossed cheque/DD in favour of 'Centre for Organization Development' payable at Hyderabad.

Signature: .....

For Registrations, please contact
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